

## Home Care Aide Service

The Department of the Family, through the Families and Children Administration's (ADFAN, for its Spanish acronym) Adult Services Program of the Auxiliary Administration of Services for the Elderly and Adults with Disabilities, offers Home Care Aide services to seniors and adults with physical disabilities who cannot care for themselves. This is a temporary service intended to assist older adults with their personal care and home management.

These services are aimed at:

- Helping older adults and adults with disabilities continue to live within their family group or community
- Preventing them from being relocated to nursing home facilities
- Preventing isolation
- Providing security, building their self-esteem, and promoting their integration and participation within their family group or community.



## How to Apply

Applications for Home Care Aide services must be filed with the Department of the Family's Local Offices or Integrated Services Centers.

## Eligibility Requirements:

- People over the age of 60 or adults with physical disabilities aged 15 to 59.
- Medical certificate acknowledging that none of the household members has a contagious disease and that there are no aggressive mentally ill patients who would put the safety of the Home Care Aide at risk.
- Proof of income, place of residence, and personal identification, among others.
- This service is offered exclusively at the beneficiary's home. It is not offered in hospitals or senior care facilities .
- A socio-economic assessment will be conducted as part of the social study.

## Tasks performed by a Home Care Aide:

- Helping the client with his/her personal hygiene tasks
- Providing a suitable and safe environment at home
- Preparing meals
- Washing and caring for the client's clothes
- Helping the client acquire new home management skills
- Accompanying the client during his/her visits to the doctor and in other related errands, if there are no relatives or volunteers available.

For further information, you may call or visit your nearest Department of the Family's Local Office or Integrated Services Center. You can also contact the Adult Services Program at 787-625-4900.

# INFORMATION

**Aguadilla**  
787-891-5570  
**Arecibo**  
787-816-3330  
**Bayamón**  
787-269-2222  
**Caguas**  
787-747-0202  
**Carolina**  
787-762-3070  
**Guayama**  
787-864-4373  
**Humacao**  
787-852-6464  
**Mayagüez**  
787-832-8050  
**Ponce**  
787-848-4520  
**San Juan**  
787-724-8585

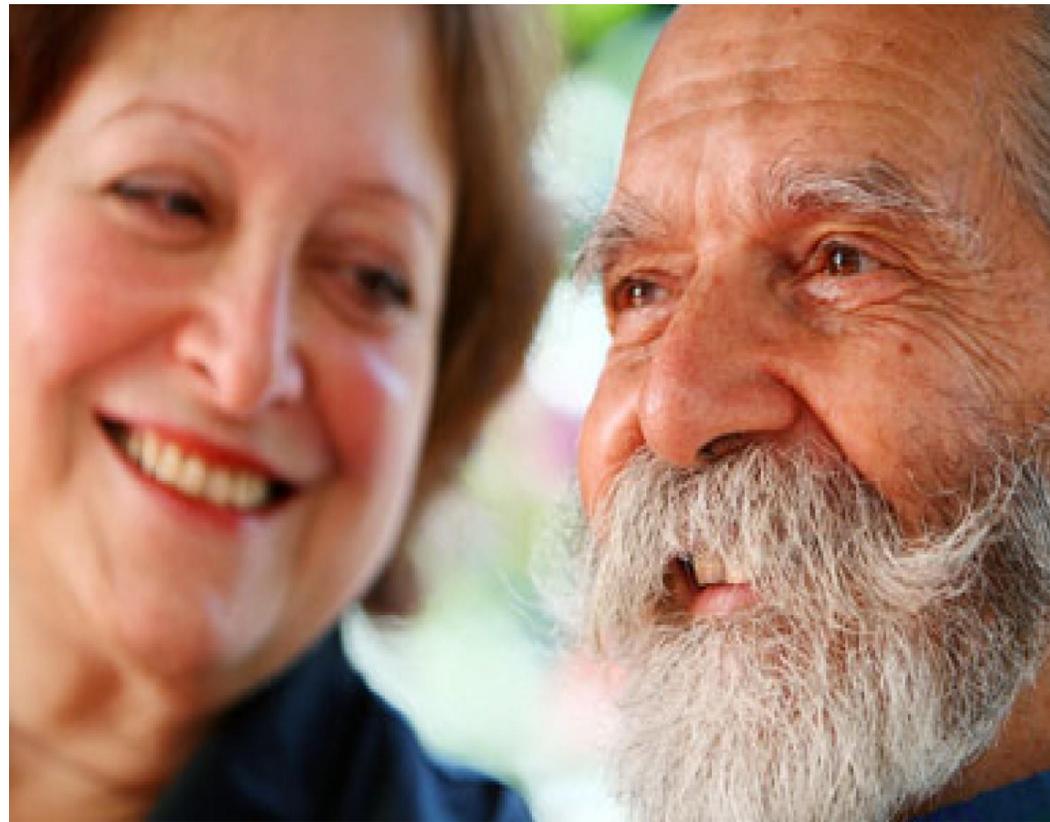
## *Counseling Hotline*

787-977-8022 · 1-888-359-7777

306 Lila Mayoral Building  
Hato Rey, Puerto Rico  
Box 194090  
San Juan, Puerto Rico 00619-4090  
**Phone 787-625-4900**



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GOBIERNO DE PUERTO RICO  
Departamento de la Familia  
Administración de Familias y Niños

